

## Quick Pick LUNCH

### MEDITERRANEAN -

Variety Pinwheels (3pp)

- Turkey & Havarti- Roasted Garlic Aioli, Roasted Turkey Breast, Havarti Cheese
- Italian Roasted Peppers Spread, Salami, Pepperoni, Provolone
- Grilled Veggie Grilled Marinated Vegetables, Roasted Red Pepper Hummus, Provolone

Seasonal Superfood Salad

Purple Kale, Quinoa, Garbanzo, Sunflower Seeds, Nuts, Berries, Grapes, Tossed in Seasonal Vinaigrette

House Chips with Caramelized Onion Ranch Dip

### NEW YORK -

\*\*ASK about our Seasonal Sandwiches\*\* 2 Meat & 1 Vegetarian Option Provided



Candied Pecans, Tomatoes, Red Onions, and Cucumbers Served with Balsamic Vinaigrette & Blue Cheese Dressings ((vegan,gluten-free)

Seasonal Soup

### SHWARMA BAR-

Diced Shwarma Inspired Chicken (gluten free) Falafal

((vegan, gluten free)

Tomato Cucumber Mint Salad - Tumeric Rice Greek Salad - Pita Wrap Bread

Sliced Tomatoes - Shredded Lettuce - Pickled Turnips Red Cabbage - Roasted Garlic Hummus Garlic Emulsion - Tahini Sauce



Seasoned Ground Beef (gluten free) Seasoned Shredded Chicken (gluten free) (vegan, gluten free)

Spicy Refried Beans - Spanish Rice - SW Ceasar Salad Flour & Corn Tortillas - Tortilla Chips

Diced Tomatoes - Pico De Gallo - Salsa Sauteed Peppers & Onions \$2/pp Shredded Lettuce - Shredded Cheese - Diced Jalapenos Sour Cream & Guacamole

### **UPGRADE:** Fajita Bar

Grilled & Sliced Carne Asada- Served over Sauteed Peppers & Onions (gluten free)

Grilled & Sliced Chicken Breast- Served over Sauteed Peppers & Onions (gluten free)

Mexican Vegan "Chicken" - Served over Sauteed Peppers & Onions (vegan)













# LUNCH Pick



## THE KOI

Beef & Broccoli (gluten free) Chicken Stir-Fry (gluten free) Lemongrass Tofu (vegan - gluten free)

### 1 ENTREE --- 2 ENTREES

Asian Green Salad with Sesame Vinaigrette (vegan - gluten free)

Chopped Romain, Grape Tomatoes, Parmesan,

House Croutons, Served with Caesar Salad Dressing

Topped with Grape Tomatoes and Kalamata Olives

Eggplant, Squash, Peppers, Mushrooms, Asparagus, Red Onions Grilled over an open flame and then chilled

Jasmine Rice (vegan - gluten free)

Vegetable Yakisoba (vegetarian)

Caesar Salad

(vegetarian)

### ITALY

### 1 ENTREE --- 2 ENTREES

Grilled Marinated Vegetables



Chicken Capri Penne White Wine Garlic Butter Sauce with Artichoke Hearts, Sundried Tomatoes, Capers, and Grilled Chicken

Beef Bolognese

Hearty Beef Red sauce with, red wine, onions, carrots, celery, and herbs

Pesto-Alfredo Tortellini

Tortellini Pasta Tossed in Creamy Pesto-Alfredo Sauce (vegetarian)

### SOUTHERN -

Buttermilk Fried Chicken Served with Chipotle Aioli and Tangy BBQ Sauce

Veggie Creole

Celery, Bell Peppers, Onion, Jalapenos, & Fried Tofu Tossed in a Parsley Sauce (vegan, gluten-free)

## NW Seasonal Greens

(vegan, gluten-free)

Candied Pecans, Tomatoes, Cucumbers and Red Onion Served with Famous Balsamic Vinaigrette & Blue Cheese Dressings

Hush Puppies

Served with Butter & Honey Packets (vegetarian)

### LITTLE INDIA -

Butter Chicken

Butternut Squash & Mushroom Curry (vegan, gluten-free)

### Basmati Rice (vegan, gluten-free)

Lentil Salad & Cucumber Salad (vegan, gluten-free)

### QUEEN ANNE -

Gypsie Slider - 2pp

Beef Patty, Cucumber, Red Onions, Spinach, Feta, and Garlic Mayo

Felafel Slider - 1pp

Felafel Patty with Matchstick Cucumbers, Red Onions, Tomatoes, Feta, and House Tzatziki Sauce (vegetarian)

Garbonzo Bean Salad (vegan, gluten-free)

House Potato Chips

Served with Roasted Carrot & Pumpkin Hummus (vegan, gluten-free)



# LUNCH Pick EACT

## ALKI BEACH -



Seared NW Salmon Grilled over Open Flame, Topped with Beurre Blanc NW Greens and Arugula, Dried Cherries, Mandorin Sauce and Seasonal Fruit Salsa (gluten-free)

Seasonal Polenta Cake Topped with Crackling Herbs (vegan, gluten-free)

### PIKE PLACE -



Herb Roasted Chicken Moist Chicken Breast Marinated with fresh Rosemary, Thyme, and Garlic. Topped with Chive Beurre Blanc Sauce (gluten-free)

Seasonal Polenta Cake Topped with Crackling Herbs (vegan, gluten-free)

### WATERFRONT -



New York Steak Grilled over an Open Flame until Tender, finished with Demi-Glaze and Blue Cheese Crumbles (gluten-free)

Seasonal Polenta Cake Topped with Crackling Herbs (vegan, gluten-free)

### Crisp NW Salad

Oranges, Parmesan Crisps, and Grapefruit Vinaigrette (vegetarian, gluten-free)

Wild Rice Pilaf (vegan, gluten-free)

Roasted Market Vegetables (vegan, gluten-free)

### NW Seasonal Greens

Candied Pecans, Tomatoes, Cucumbers and Red Onion Served with Famous Balsamic Vinaigrette & Blue Cheese Dressings (vegan, gluten-free)

Wild Rice Pilaf (vegan, gluten-free)

Roasted Market Vegetables (vegan, gluten-free)

### NW Seasonal Greens

Candied Pecans, Tomatoes, Cucumbers and Red Onion Served with Famous Balsamic Vinaigrette & Blue Cheese Dressings (vegan, gluten-free)

### Roasted Potatoes

Lemon, Rosemary, Black Pepper until perfectly crispy (vegan, gluten-free)

Roasted Market Vegetables (vegan, gluten-free)

## COMPLIMENTS TO ANY LUNCH



Assorted Cookies & Brownies

Cupcakes Chocolate & Vanilla Coordinate with ANY Celebration

Assorted Petite Sweets LemonBars-Cheesecakes-ChocolateDippedStrawberries Brownie Bites-Seasonal Delights

### Egg Rolls

Served with Chinese Mustard & Sweet Chili Sauce (vegetarian)

### Thai Rolls

Asian Vegetables, Cilantro, Mint Tossed in Sweet Chili Sauce and Served with Spicy Kalbi Dipping Sauce (vegan, gluten-free)

Ask About Coordinating Appetizers